

Sex Education: Resource List

Books for Children

Ages 4 to 8

- *A Kid's First Book About Sex*; by Joani Blank and Marcia Quackenbush; Down There Press, 1993
- *Mommy, Daddy, Where Do Babies Come From?*; by Grace Ayad and Richard Panzer, Benny Andersson (illustrator); Center for Educational Media, 1997
- *El Maravilloso Mundo Del Amor Verdadero (The Wonderful World of True Love)*; by Graciela Ayad, Richard Panzer, Benny Andersson (illustrator); Center for Educational Media, 1997
- *Mommy Laid an Egg! Or Where Do Babies Come From?*; by Babette Cole; Chronicle Books, 1996
- *Where Do Babies Come From?*; by Margaret Sheffield; Alfred A. Knopf, 1987

Ages 6 to 10

- *Asking About Sex and Growing Up*; by Joanna Cole; Econo-Clad Books, 1999
- *Where Do Babies Come From?: For Ages 6 to 8 and Parents*; by Ruth S. Hummel; rev. ed.; Concordia Pub. House, 1998
- *Where Did I Come From?*; by Peter Mayle; Lyle Stuart, 2000

Ages 9 to 12

- *Changes In You and Me: A Book About Puberty Mostly for Boys*; by Paulette Bourgeois; Andrews and McMeel, 1994
- *Growing and Changing*; by Kathy McCoy and Charles Wibbelsman; Perigee Books, 2003
- *It's Perfectly Normal: Changing Bodies, Growing up, Sex, and Sexual Health*; by Robie Harris; Candlewick, 1996
- *It's So Amazing!: A Book About Eggs, Sperm, Birth, Babies, and Families*; by Robie Harris; Candlewick Press, 1999
- *Just for Girls: Understanding Your Body and the Changes You're Going Through*; by Elizabeth Hoekstra; Crossway Books, 1999
- *My Body, My Self for Boys*; by Lynda Madaras; New market Press, 1995
- *No B.O.! The Head-to-Toe Book of Hygiene for Preteens*; by Marguerite Crump; Free Spirit Publ, 2005
- *The Preteen's First Book About Love, Sex, and Aids*; by Michelle Harrison; American Psychiatric Press, 1995
- *Ready, Set, Grow! A What's Happening To My Body Book For Younger Girls*; by Lynda Madaras ; Newmarket Press, 2003
- *Personal Hygiene? What's That Got To Do With Me?*; by Pat Crissey and Noah Crissey ; Jessica Kinsley Publ, 2005
- *Puberty's Wild Ride*; by Marta McCave; Family Planning Council, 2001

- *Sex Explained: Honest Answers to your Questions About Guys and Girls, Your Changing Body, and What Really Happens During Sex*; by Magali Clausener-Petit; Amulet Books, 2004
- *Sex Stuff for Kids 7-17: A Book of Practical Information & Ideas for Kids, Parents & Teachers*; by Carole Marsh; Gallopade Pub. Group, 1998
- *My Body, My Self for Girls*; by Lynda Madaras; New Market Press, 2000
- *What's Happening to My Body? Book for Boys: the New Growing-Up Guide for Parents and Sons*; 3rd ed.; by Lynda Madaras; Newmarket Press, 2001

Young Adult

- *Body Talk: A Girl's Guide to What's Happening to your Body*; by Victoria Shaw; Rosen Pub. Group, 1999
- *Changing Bodies, Changing Lives: A Book For Teens on Sex and Relationships, expanded 3rd ed.*; by Ruth Bell; Times Books, 1998
- *It's Perfectly Normal: Changing Bodies, Growing Up, Sex, and Sexual Health*; by Robie H. Harris; Candlewick Press, 1996
- *Like It Is: A Teen Sex Guide*; by E. James Lieberman; McFarland, 1998
- *Right On Schedule: A Teen's Guide To Growth And Development*; by Jean Ford ; Mason Crest Publ, 2005
- *The Teenage Body Book*; by Kathy McCoy; Perigee Books, rev. ed 1999
- *The Teenage Guy's Survival Guide*; by Jeremy Daldry; Little, Brown & Company, 1999
- *The Teenage Human Body Operator's Manual*; by Lee White; Northwest Media, 1998
- *The Underground Guide To Teenage Sexuality: An Essential Handbook for Today's Teens & Parents*; by Michael Basso; Fairview Press, 1997
- *Your Body, Yourself: A Guide To Your Changing Body*; by Alison Bell; Lowell House, 1996
- *What's Going On Down There?: Answers To Questions Boys Find Hard To Ask*; by Karen Gravelle; Walker and Co., 1998

Books for Adults

- *Before She Gets Her Period: Talking to Your Daughter About Menstruation*; by Jessica Gillooly; Perspective Publ, 1998
- *Beyond the Birds and the Bees: Fostering Your Child's Healthy Sexual Development*; by Beverly Engel; Pocket Books, 1997
- *Childhood Sexuality: A Guide for Parents*; Gail Ryan; Kempe Children's Center, 1994 (normal sexual development and how to tell when sexual behavior is a problem)
- *Everything You Never Wanted Your Kids to Know About Sex, But Were Afraid They'd Ask: The Secrets to Surviving Your Child's Sexual Development from Birth to the Teens*; by Justin Richardson; Crown, 2003
- *From Diapers to Dating: A Parent's Guide to Raising Sexually Healthy Children*; by Debra Haffner; Newmarket Press, 2000

- *How To Talk To Your Child About Sex: It's Best to Start Early, But It's Never Too Late - A Step-by-Step Guide for Every Age*; by Linda Eyre and Richard M. Eyre; Golden Books Pub. Co., 1998
- *Just Say Know! Understanding and Reducing the Risk of Sexual Victimization of People with Development Disabilities*; by Dave Hingsburger; Diverse City Press, 1995
- *The New Speaking of Sex: What Your Children Need to Know and When They Need to Know It*; by Meg Hickling; Northstone, 2005
- *Questions Kids Ask About Sex: Honest Answers for Every Age*; by Melissa Cox ; Revell, 2005
- *Sexuality: You Sons and Daughters With Intellectual Disabilities*; by Karin M. Schwier; Paul H. Brooks Co, 2000
- *Understanding Your Child's Sexual Behavior: What's Natural and Healthy*; by Toni Johnson; New Harbinger, 1999

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